

DAILY MENU

MONDAY

Morning (coffee) break

Filtered coffee, tea, water, cake, traditional cretan sweet cheese pastries (Lichnaraki)

Light lunch

Pizza (1 per person), water, soft drinks

TUESDAY

Morning (coffee) break

Filtered coffee, tea, water, traditional sweet bread (Tsoureki), cookies

Light lunch

Tortillas (1 per person), water, salad, soft drinks

WEDNESDAY

Morning (coffee) break

Filtered coffee, tea, water, cinnamon rolls

Light lunch

Mousakas, water, soft drinks

THURSDAY

Morning (coffee) break

Filtered coffee, tea, water, oat-granola bars

Light lunch

Calzone (1 per person), water, soft drinks

FRIDAY

Morning (coffee) break

Filtered coffee, tea, water, sweet brioches (with peanut butter/chocolate/cranberry), chicken pie

Light lunch

Hamburgers, water, soft drinks

NOTE: Special consideration is being given to the participants who have declared specific dietary restrictions. They will be provided with different meals according to their needs.



**ΚΡΗΤΙΚΟΣ
ΦΟΥΡΝΟΣ**

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DAILY BAKERY CAFÉ

